

Positive Character Qualities	Daily Moral/Character Inventory Chart																															Negative Character Qualities
	Name:															Month:																
	Check for Positive ☐															X for Negative																
Date	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	
Good Quite time																																Rushed quite time
Pure Mind																																Immoral Thinking
Being a Giver																																Being a Taker
Concentration																																Day Dreaming
Communion with God																																Forgetting God
Humility																																Pride
Accepting Forgiveness																																False Guilt about the past
Self Motivation																																Laziness
Chemical Free																																Using
Positive Thinking																																Negative Thinking
Fulfilled																																Lonely
Trust																																Worry
Hanging with positive people																																Hanging with negative people
Peace																																Anger
True Humility																																Self Pity
Patience																																Impatience
Dependable																																Unreliable
Being a Winner																																Being a Quitter
Being a Listener																																Being a Talker
Joyful																																Depressed
Forgiveness																																Resentment
Thankfulness																																Discontentment
Accountability																																No-Accountability
Pursuing Eternal Values																																Pursuing Temporal Values